

# José Alberto Orsi

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## Address

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## Academic Background

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PhD student at the Psychiatry Department. (2021 – Present)

Escola Paulista de Medicina of the Federal University of São Paulo, UNIFESP, Brazil.

Title of dissertation: Development and Pilot Evaluation of a Recovery College for People with Severe Mental Disorders in São Paulo.

Advisor: Ary Gadelha de Alencar Araripe Neto.

Co-advisors: Mário César Rezende de Andrade and Walter Ferreira de Oliveira.

Assistantship: Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES) and Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP), Brazil.

Keywords: Mental Health; Recovery; Peer Support; Support Groups; Schizophrenia.

Major field: Health Sciences.

Master of Science at the Psychiatry Department. (2019 – 2021)

Escola Paulista de Medicina of the Federal University of São Paulo, UNIFESP, Brazil.

Title of dissertation: Living and Recovery Perspectives in the Mutual Support Group for ABRE Users from the perspective of people with schizophrenia.

Advisor: Ary Gadelha de Alencar Araripe Neto.

Co-advisors: Mário César Rezende de Andrade and Walter Ferreira de Oliveira.

Assistantship: Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), Brazil.

Keywords: Mental health; Recovery; Peer Support; Support Groups; Schizophrenia.

Major field: Health Sciences

Master of Business Administration. (1996 – 1999)

University of Southern Mississippi, USM, Hattiesburg, USA.

Major field: International Economics.

Advisor: Farhang Niroomand.

Assistantship: Summer Program for Graduate Education, SPGE, USA.

BSc in Civil Engineering. (1985 – 1989)

Escola Politécnica of University of São Paulo (Poli/USP), Brazil.

Advisor: Alex Kenya Abiko.

Scholarship: Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq), Brazil.

## Complementary Training

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Technical course in Creation and Illustration. (1983 – 1988)

Panamericana School of Art, EPA, São Paulo, Brazil.

Electronics Technical Assistant. (1973 – 1984)

“Dante Alighieri” Highschool, São Paulo, Brazil.

## Professionale Background

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Associação Brasileira de Familiares, Amigos e Portadores de Esquizofrenia (Brazilian Schizophrenia Association) - ABRE, São Paulo, Brazil.

- CEO. (2019 – Present).
- Treasurer Director. (2007 – 2019).
- Volunteer Employee. (2003 – 2007).

Microsoft Corporation, Redmond, USA (1999)

Specialist in Portuguese Language.

Engineering S.A. - Serviços Técnicos SP, São Paulo, Brazil (1990 – 1995)

Civil Construction Manager.

## Idioms

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Portuguese: native speaker.

English: fluent.

Italian: advanced level.

Spanish: intermediate level.

French: basic level.

## Honors & Prizes

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Finalist at the “2021 Transformative Volunteer Award”, Atados/Fundamig/Minas Voluntários.

1st. place at the “IV National Painting and Poetry Award”, Janssen-Cilag. (2009).

1st. place at the “Painting Exhibition at POLI Art Week”, Grêmio Politécnico da Escola Politécnica of USP. (1993)

## Academic Production

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### Published Papers

CORRADI-WEBSTER, C. M., REIS, G., BRISOLA, E. B., ARAUJO, C. N. D. P., RICCI, É. C., RUFATO, L. S., SAMPAIO, C.A., ANDRADE, M.C.R., **ORSI, J.A.**, OLIVEIRA, R.A.S., CIDADE, A.L., CAMPOS, P. & COSTA, M. N. Peer support in Brazil: experiences and strategies of inclusion, empowerment and citizenship. *Journal of Public Mental Health*. 2023

**ORSI, J. A.** Apesar da esquizofrenia é possível ter uma vida com qualidade. *Cadernos Brasileiros de Saúde Mental/Brazilian Journal of Mental Health*, 15(42), 180-187. 2023.

**ORSI, J. A.**, MALINOWSKI, F. R. L., KAGAN, S., WEINGARTEN, R., VILLARES, C. C., BRESSAN, R. A., ... & GADELHA, A. Evaluation of Ongoing Participation of People with Schizophrenia in a Mutual Support Group as a Complementary Intervention to Outpatient Psychiatric Treatment. *Psychiatric Quarterly*, 92(3), 1283-1296. 2021.

**ORSI, J. A.**, RIBEIRO DA SILVA, T. , JUAN, N. V. S., OLIVEIRA, W. F. Percepções de pessoas com transtornos mentais sobre o processo de Recovery: Relato de um grupo focal. *Cadernos Brasileiros de Saúde Mental*, v. 13, p. 175-200, 2021.

**ORSI, José Alberto.** CONCEITUAÇÃO DO RECOVERY SOB O PRISMA DE UMA PESSOA COM EXPERIÊNCIA VIVIDA. *Cadernos Brasileiros de Saúde Mental/Brazilian Journal of Mental Health*, [S. l.], v. 15, n. 45, p. 19–24, 2023. Available at: <https://periodicos.ufsc.br/index.php/cbsm/article/view/97934>.

**ORSI, J.A.**, OLIVEIRA, W.F., ANDRADE, M.C.R., SAN JUAN, N.V., VILLARES, CC, BRESSAN, R.A., GADELHA, A. Experiences of persons with schizophrenia participating in a recovery-oriented NGO project in Brazil. *Journal of Psychosocial Rehabilitation and Mental Health*.

VILLARES, C. C., PIMENTEL, F. A., ASSIS, J. C., & **ORSI, J. A.** Associações de usuários e familiares e estratégias para defesa dos direitos dos portadores de transtorno mental. *Políticas de Saúde Mental*. São Paulo: Instituto de Saúde, 76-91. 2013.

### Submmited paper

**ORSI, J.A.**, MARMIROLLI, F.A.P., AQUINO, P.R.P., OLIVEIRA, W.F., ANDRADE, M.C.R., SLADE, M., GADELHA, A. Recovery processes by people with severe mental illness in non-

Anglo-Saxon countries: a systematic review and thematic synthesis of studies from Brazil.  
Transcultural Psychiatry Journal, submitted on 10/03/2023.

### **Abstracts published in conference proceedings**

TONSIG, G. ; DINO, M. ; HAGUIARA, B. ; FONSECA, L. ; **ORSI, J. A.** ; BRESSAN, R. ; GADELHA, A. . How the most cited Research Articles about Schizophrenia In 2018 Depict The Disease?. In: Oral Session: Digital Health, 2020. Oral Session: Digital Health/Methods, 2020.

### **Interviews, rounds tables, programs and comments in the media**

ORSI, JOSÉ ALBERTO

Live Samantha Larroyed, 2024

[https://www.instagram.com/reel/C2l2POEM\\_iBm1HfcCYpzn2cF3uuuMIGn1fpH6A0/?igsh=ajN4MmMxYm9qZiVp](https://www.instagram.com/reel/C2l2POEM_iBm1HfcCYpzn2cF3uuuMIGn1fpH6A0/?igsh=ajN4MmMxYm9qZiVp)

GOMES, V.; ORSI, JOSÉ ALBERTO

Demystifying psychiatric medication, 2023.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health, Psychosocial support systems.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=KKQkS3zH99o>

GOMES, V.; ORSI, JOSÉ ALBERTO; SILVA, J.

Schizophrenia: Techniques for Symptom Management, 2023.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://youtube.com/live/rmPctWKqPNk>

GOMES, V.; ORSI, JOSÉ ALBERTO; SLIVINKIS, S.

Our experiences with psychiatric hospitalization, 2023.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://youtube.com/live/ByniFolha de São PauloILH8>

GOMES, V.; ORSI, JOSÉ ALBERTO; PIZA, C.

Psychotherapy: what it is, how it works and when to do it, 2023

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://youtube.com/live/Cdzd4o4ilZE>

GOMES, V.; ORSI, JOSÉ ALBERTO

Seven impacts of untreated schizophrenia, 2023.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://youtube.com/live/PwtbQ3z0Owg>

GOMES, V.; ORSI, JOSÉ ALBERTO; OLIVEIRA, C.

Mental Health Recovery: Experiences, Reflections and Strategies, 2023.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://youtube.com/live/AAVfCAktpEc>

GOMES, V.; ORSI, JOSÉ ALBERTO; GASQUEZ, L.; FREITAS, M. A. R.

Nutrition as an ally in the treatment of mental health, 2022.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=8tH5XTFSjGc>

GOMES, V.; ORSI, JOSÉ ALBERTO; MARINCEK, J.

Benefits of Nature for Wellbeing After Psychosis, 2021.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=tgVUz9cCyo8>

GOMES, V.; ORSI, JOSÉ ALBERTO; OLIVEIRA, C.; FREITAS, M. A. R.

What is it like to consult a good psychiatrist, 2021.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=OrPPiRgCFS8>

ORSI, JOSÉ ALBERTO; OLIVEIRA, C.; LUCENA, G.; FREITAS, M. A. R.; GOMES, V.

How to improve self-esteem for people with mental illness, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/KKQkS3zH99o>

GOMES, V.; ORSI, JOSÉ ALBERTO; FREITAS, M. A. R.

How to learn from your psychotic break, 2021.

Keywords: Peer Support, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=ZbF1xvC48Jw>

ORSI, JOSÉ ALBERTO; SILVA, W.

Conversation about art therapy, 2022.

Keywords: Mental health, Recovery, Art Therapy Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/rfzklrHKrog>

GOMES, V.; SILVA, W.; ORSI, JOSÉ ALBERTO; FREITAS, M. A. R.

The benefits of doing art therapy after psychosis, 2021.

Keywords: Peer Support, Art Therapy, Schizophrenia, Support Groups, Mental health recovery, Mental health.

Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=RUXprECcB40>

GOMES, V.; ORSI, JOSÉ ALBERTO; OLIVEIRA, C.

Why and how to have allies in your treatment, 2021.

Keywords: Peer Support, Schizophrenia, Recovery in mental health, Mental health Areas of knowledge: Psychiatry, Public Health.

Additional references: Brazil/Portuguese.

Home page: <https://www.youtube.com/watch?v=JvXMp0dl3GA>

ORSI, JOSÉ ALBERTO; REDONDO, L.; FREITAS, M. A. R.; GOMES, V.

Find out about the rights of people with mental disorders, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/GdPZqS0tRZ8>

ORSI, JOSÉ ALBERTO; ANTONIO, R.; FREITAS, M. A. R.; GOMES, V.

Depression and psychosis: what it's like and how to deal with it, 2021

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/9zdAXSZmnj0>

ORSI, JOSÉ ALBERTO

Anti-Asylum Day, 2021.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Meeting on schizophrenia, São Paulo City Council, 2021.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

GOMES, V.; ORSI, JOSÉ ALBERTO; FREITAS, M. A. R.

Mental health stigma – What it is and how to deal with it, 2021

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/JrfPBPmuBel>

GOMES, V.; ORSI, JOSÉ ALBERTO; MORANDI, L.; FREITAS, M. A. R.

Inclusion, schizophrenia and work as a PWD, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/bWPhuZk-nwM>

GOMES, V.; ORSI, JOSÉ ALBERTO; CHAVES, A. V.; FREITAS, M. A. R.

Bipolar psychosis: what it is like and how to deal with it, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/RYbKonuf8SQ>

GOMES, V.; ORSI, JOSÉ ALBERTO; ATTUX, C.; FREITAS, M. A. R.

Psychosis: cause, symptom, treatment, type, sequel, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/WNbpBYbMWU4>

GOMES, V.; ORSI, JOSÉ ALBERTO; FREITAS, M. A. R.

Recovery: discover the new approach to mental health, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/nDicCiuCUb0>

GOMES, V.; ORSI, JOSÉ ALBERTO; SLIVINSKIS, S.

Find out more about the Psychosocial Care Center-Caps, 2021.

Keywords: Mental health Areas of knowledge: Medicine.

Additional references: Brazil/Portuguese.

Home page: <https://youtu.be/boHDgAViC00>

ORSI, JOSÉ ALBERTO

Schizophrenia Recovery in the Open Dialogue approach, NOOS, 2020.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

The uncertainties of returning to activities in the face of COVID-19, GPPS, UFSC, 2020.

Keywords: Mental health.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Class on recovery in mental health, GPPS, UFSC, 2020.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

My experience and recovery schizophrenia, GPPS, UFSC, 2020.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.



ORSI, JOSÉ ALBERTO

Conversation about recovery in mental health, Rede Recovery Brasil, 2020.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/English.

ORSI, JOSÉ ALBERTO

World Suicide Prevention Day – Yellow, 2019.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

World Mental Health Day, 2019.

Keywords: Mental health.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

My experience and experience with schizophrenia, Proesq, Unifesp, 2019.

Keywords: Mental health.

Schizophrenia Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Mental health and ABRE work, 2019.

Keywords: Mental health.

Schizophrenia Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Open up to art., Aterp, 2018.

Keywords: Mental health.

Schizophrenia Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Great difficulty is determining the 1st outbreak, says engineer diagnosed with schizophrenia, R7, 2017.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page: <https://noticias.r7.com/saude/grande-dificuldade-e-determinar-o-1-surto-diz-engenheiro-diagnosticado-com-esquizofrenia-05062017>

ORSI, JOSÉ ALBERTO

Identifying outbreaks of schizophrenia linked to depression is a challenge for doctors, UOL, 2017

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page: <https://noticias.uol.com.br/saude/ultimas-noticias/estado/2017/06/05/identificar-surtos-de-esquizofrenia-ligada-a-depressao-e-desafio-para-medicos-e-pacientes.htm>

ORSI, JOSÉ ALBERTO

Method makes early diagnosis of schizophrenia, ISTOÉ, 2017.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page: <https://istoe.com.br/metodo-faz-diagnostico-precoce-de-esquizofrenia>

ORSI, JOSÉ ALBERTO

Patient with schizophrenia struggled to identify the disease, OESP, 2017.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page:

<https://ciencia.estadao.com.br/noticias/geral,paciente-sofreu-para-identificar-a-doenca,70001826262>

ORSI, JOSÉ ALBERTO

Medications and family support control schizophrenia, 2016.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page:

<https://www.minhavidade.com.br/saude/materias/14045-medicamentos-e-apoio-da-familia-controlam-esquizofrenia>

ORSI, JOSÉ ALBERTO

I inherited schizophrenia from my father, 2014.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page: <https://www.esquizofrenia.blog.br/herdei-a-esquizofrenia-do-meu-pai/>

ORSI, JOSÉ ALBERTO

Art is used to prevent schizophrenia outbreak, FOLHA DE SÃO PAULO, 2011.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Schizophrenia affects caregivers' routine, 2011.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Monthly injection can treat schizophrenia., FOLHA DE SÃO PAULO, 2011.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Dalí paintings could help 'predict' the outbreak., 2011.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Patients take 10 years to receive treatment, 2011.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page:

<https://saude.ig.com.br/minhasaude/esquizofrenia-portadores-levam-10-anos-para-receber-tratamento/n1597258756996.html>

ORSI, JOSÉ ALBERTO

Schizophrenia. And Absolute normal life., FOLHA DE SÃO PAULO, 2009.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Schizophrenia under control., FOLHA DE SÃO PAULO, 2009.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

José was saved by art, 2009, Revista Época.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

Home page:

<https://revistaepoca.globo.com./Revista/Epoca/0,,EMI89209-15230,00-JOSE+FOI+SALVO+PELA+ARTE.html>

ORSI, JOSÉ ALBERTO

I'm schizophrenic and I lead a normal life., 2009.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

A private fiction., Revista Esquinas - nº 46 - Mente Humana, 2009.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

ORSI, JOSÉ ALBERTO

Normal life with schizophrenia, FOLHA DE SÃO PAULO, 2009.

Keywords: Mental health, Schizophrenia.

Additional references: Brazil/Portuguese.

## Events

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### Participation in events, congresses, exhibitions and fairs

Speaker at the ABRATA Seminar: Experience and practice of a mental health association, 2023.

Speaker at the Spanish Chamber of Commerce Mental Health Summit, 2023.

Speaker in the open Mental Health Class of the IFSC Nursing Technical Course, 2023.

Open Mental Health class on the IFSC Nursing Technical Course. Florianópolis, Brazil.

Speaker in the Postgraduate Class at PUC-Rio, 2023. Inclusion of People with Disabilities: Psychosocial Aspects. Rio de Janeiro, Brazil.

Speaker in mental health class - Unifesp/Santos, 2023. Inclusion, mental health and work. Santos, Brazil.

Speaker at the Congress on Brain, Behavior and Emotions 2023. Round Table - Recovery serious mental disorders. Florianópolis, Brazil.

Speaker at the Congress on Brain, Behavior and Emotions 2023. Florianópolis, Brazil.

Speaker in the discipline "Historical and philosophical foundations in mental health, care and psychosocial rehabilitation" – MSM 310007. 2023. New approaches to care: AT, recovery. UFSC, Florianópolis, Brazil.

Speaker at the IPq Portas Abertas 2023 event. Lecture on ABRE's activities. São Paulo, Brazil.

Speaker at the FFCL-USP Ribeirão, 2023. Narratives of Recovery in Mental Health. Ribeirão Preto. Brazil.

Speaker at the Public Health Preceptorship - Mental Health Internship, 2023. User Recovery Experiences in Brazil, UFSC, Florianópolis

Poster / Panel Presentation at Refocus on Recovery 2023. Changing Conversations, Fostering Connections, Building Communities. Nottingham, UK.

Refocus on Recovery Congress, 2023. Nottingham, UK.

Moderator in the Conversation Circle with Voice Hearers, 2023. Mental Health Recovery. Ribeirão Preto, Brazil.

Speaker in the discipline Mental health and psychosocial care – SPB 5135, 2023. New approaches to care: recovery. UFSC, Florianópolis, Brazil.

Moderator in the Supervision of interns at the Psychosocial Care Center III, 2023. Psychological Practices in Psychopathology in the Public Health Context. Ribeirão Preto, Brazil.

Speaker on Special Topics. Specials-Share, question and build: the dialogical production of knowledge and practices between teachers through experience and the University, 2023. Special Topics. Specials-Share, question and build: the dialogical production of knowledge and practices between teachers through experience and the University, UNESP, Assis, Brazil.

Evaluator at the XIV Santa Catarina Mental Health Meeting, 2023. Member of the event's Organizing Committee. UFSC, Florianópolis, Brazil.

Speaker at the XIV Encontro Santa Catarina de Saúde Mental, 2023. Workshop - OF 04 - Conceptualization of Recovery from the perspective of a person with lived experience. UFSC, Florianópolis, Brazil.

Moderator at the XIV Santa Catarina Mental Health Meeting, 2023. Conversation Circle - Care I. UFSC, Florianópolis, Brazil.

Speaker at the XIV Santa Catarina Mental Health Meeting, 2023 Great Debate 5 - Social reintegration: the place of people with mental disorders. UFSC, Florianópolis, Brazil.

Global Patient Partnership Summit, 2023. Boehringer Ingelheim, Miami, USA.

Speaker at the Unifesp Academic Congress: "University, Knowledge and Democracy", 2022. São Paulo, Brazil.

Speaker at the Nise da Silveira Symposium, 2022. São Paulo, Brazil.

Speaker at the Symposium at the 1st Symposium Nise da Silveira and the Revolutionary Ethics of Affection in Contemporary Times, 2022. Dialogues with Nise: Resistance in mental health. São Paulo, Brazil.

Speaker at V Psychoanalytic, 2022. (Seminar) Schizophrenia and Place of Speech: Nothing about Us, without Us. Quinta Psicanalítica, Porto Alegre, Brazil.

Speaker in the discipline Mental Health and Psychosocial Care (SPB5135-05103), undergraduate level, 2022. New Care Approaches: the Recovery Paradigm. UFSC, Florianópolis, Brazil.

Speaker at the Mental Health in Universities, 2022. (Meeting). GPPS, UFSC, Florianópolis, Brazil.

Speaker in the discipline Mental health and psychosocial care (SPB 5135), 2022. New approaches to care: the recovery paradigm. UFSC, Florianópolis, Brazil.

Speaker on Special Topics - Teachers by experience: the active participation of mental health users in the training of health professionals, 2022. Special Topics - Teachers by experience: the active participation of mental health users in the training of health professionals, UNESP, Assis, Brazil.

Speaker at the VII ABP/WPA Schizophrenia Update Course, 2022. Recovery – Time to put it into practice?, São Paulo, Brazil.

Speaker at the Culture & art for the elderly and Journeys of culture and art,, 2021. (Workshop) "Painting as a structuring element of artistic culture". UFSC, Florianópolis, Brazil.

Speaker at the Discipline Mental health and psychosocial care (SPB 5135), 2021. New approaches in mental health: recovery. UFSC, Florianópolis, Brazil.

Speaker at the Discipline of psychobiology of psychotic disorders, 2021. Interdisciplinary graduate class in health sciences.

Speaker at the Schizophrenia: from Neuroscience to Recovery the Illness, 2021. (Workshop) Speech Community #1 – Telling the stories of people with Schizophrenia.

Speaker at the International Recovery and Citizenship Collective (IRCC), Yale University, 2021. Community Activism and Advocacy during Covid-19. New Haven, USA.

Speaker at the Pre-event XIII Santa Catarina Mental Health Meeting – Webinar: Mental health in times of pandemic, 2021. (Meeting). Conversation Circle “New models of care”. UFSC, Florianópolis, Brazil.

Speaker at the Webinar – Marks of Isolation: Our struggle continues, 2021. (Meeting) Comprehensive Health Care Program – SPDM/PAIS. São Paulo, Brazil.

Speaker at the XIII Santa Catarina Mental Health Meeting, 2021. (Workshop) Contemporary afflictions and new forms of (psycho)social production of the subject. UFSC, Florianópolis, Brazil.

Speaker at the XIII Santa Catarina Mental Health Meeting, 2021. (Congress). UFSC, Florianópolis, Brazil.

Speaker at the XIII Santa Catarina Mental Health Meeting, 2021. (Congress) Opening table. UFSC, Florianópolis, Brazil.

Speaker at the I Therapeutic Follow-up Meeting in the Cerrado, 2020. (Meeting) My experience in schizophrenia recovery. UNIMONTES, Brazil.

Speaker at the Discipline Mental Health and Psychosocial Care - Graduation, 2020. New approaches to care: the Recovery paradigm. UFSC, Florianópolis, Brazil.

Speaker at the Santa Marcelina Web Conference, 2020. (Meeting) Mental Health, stigmas and recovery. São Paulo, Brazil.

Speaker at the 1o. Mental Health Meeting, 2019. Speech Community – Telling our Stories. CEJAM, Brazil.

Speaker at the World Mental Health Awareness Day, 2019. (Workshop) My story of Recovery Mental Health. Brazil.

Speaker at the Board of the Psychology Student Center, 2019. (Meeting) Speech Community. USP, Ribeirão Preto, Brazil.

Speaker at the I Santa Catarina Meeting on Mental Health in Urgency and Emergency, 2019. (Meeting) My experience and experience with schizophrenia. Florianópolis, Brazil.

Speaker at the International Recovery and Citizenship Collective (IRCC), Yale University, 2019. Recovering Citizenship III: Boundary Crossings: Systems, Communities, and Expertise. New Haven, USA.

Speaker at the Recovering Citizenship III: Boundary Crossings: Systems, Communities, and Expertise., 2019. (Meeting) My background in mental health recovery. New Haven, USA.

Speaker at the Psychology Week - The Paths of Psychology, 2019. (Meeting) The Spectrums of Schizophrenia Disorder. Brazil.

Speaker at the Industry Social Service (SESI) - Higher Education Course, 2019. (Workshop) Perspectives on the Recovery Model in Mental Health. São Paulo, Brazil.

Speaker at the V PROESQ Symposium, 2019. (Symposium) Thirty Years in Search of Recovery Schizophrenia. Unifesp, São Paulo, Brazil.

Speaker at the XII Santa Catarina Mental Health Meeting, 2019. (Meeting) Alternatives and perspectives on treatments in the field of mental health. UFCS, Florianópolis, Brazil.

Speaker at the "World Schizophrenia Awareness Day", 2019. (Workshop) "My story of Recovery Mental Health". Brazil.

Oral Presentation at the II UFSCar Mental Health Congress, 2018. Democratic Spaces and Social Control. São Carlos, Brazil.

Oral Presentation at the II Thematic Week - Human Rights: Why and for whom?, 2018. Lecture on Human Rights. Brazil

Speaker at the IV PROESQ Symposium, 2018. Science, Culture and Society: contributions to the discussion of recovery schizophrenia. Unifesp, São Paulo, Brazil.



Speaker at the II UFSCar Mental Health Congress: Mental Health Care, 2018. Democratic spaces and social control. São Carlos, Brazil.

Oral Presentation at the II International Congress of Mental Health Escola Franca and Franco Basaglia, 2017. (Workshop) Dialogues between Therapy and Practice, II International Congress of Mental Health Escola Franca and Franco Basaglia. Marília, Brazil.

Speaker at the II Social Congress and Therapeutic Practices in Health, 2017. Social Constructions and Therapeutic Practices in Mental Health. UFSC, Florianópolis, Brazil.

Speaker at the Suicide Prevention Lecture, 2017. Yellow September. São Paulo, Brazil.

Speaker at the VII São Camilo Psychology Week, 2017. Institutionalization. USC, São Paulo, Brazil.

Speaker at the II Psychology Meeting, 2016. Presentation of ABRE - Speech Community - Telling Our Stories. São Paulo, Brazil.

Speaker at the I Recovery and Empowerment in Health Practices Forum, 2016. Unifesp, São Paulo, Brazil.

Speaker at the Recovery and Mental Health: "Speech Community" Project, 2016. (Meeting) Speech Community. São Paulo, Brazil.

Poster / Panel Presentation at the Refocus on Recovery Congress, 2012. Empowerment and Schizophrenia: The experience of the Acolhimento Group at Programa de Esquizofrenia (PROESQ), Federal University of São Paulo (UNIFESP). London, UK.

Refocus on Recovery Congress, 2012. Educational Initiatives as empowerment strategies for users and family members of individuals with schizophrenia in Sao Paulo, Brazil. London, UK.

Poster / Panel Presentation at the Technical-Scientific Congress of Primary Health Care, 2011. Reducing the Stigma of people with mental disorders. São Paulo, Brazil.

Speaker at the Anti-Asylum Struggle Week, 2011. (Meeting) "The Madness in Us". São Paulo, Brazil.

Oral Presentation at the XXVII Brazilian Congress of Psychiatry, 2009. Empowerment of people with schizophrenia through support groups. São Paulo, Brazil.

Speaker at the XXVII Brazilian Congress of Psychiatry, 2009. The role of self-help groups in psychiatry (NGOs). São Paulo?, Brazil.

Speaker at the Oral Presentation at the Lecture on mental health at UNIP, 2008. Learning about Schizophrenia. São Paulo, Brazil.

Speaker at the Volunteering transformative social action, 2008. (Meeting). São Paulo, Brazil.

Presentation at the XXVI Brazilian Congress of Psychiatry, 2008. The quality of relationships in ABRE activities. Brasília, Brazil.

Speaker at the Mental Disorder and Stigma Forum, 2007. (Congress) The dynamics of face-to-face groups and empowerment. Brazil.

International Conference on the Lancet Series, 2007. Mental Health Policies in Brazil. London, UK.

Speaker at the Uniban Psychology Week, 2007. (Meeting) Psychotherapy in Psychoses. São Paulo, Brazil.

Presentation at the XXV Brazilian Congress of Psychiatry, 2007. Protagonism in mental health NGOs. Porto Alegre, Brazil.

## **Other Relevant Information**

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José has lived in the USA for four years, from 1995 to 2000, during which time he met various cultures on the various trips he took across that country. He also lived for two months in London, England, during an MBA exchange program, and traveled to several countries in Europe and Latin America.